

# LA PASSEGGIATA

*Weekly newsletter brought to you by the Italian Club Board*



## LA PAROLA

*Allora*: literally meaning "then," *allora* is yet another word that takes on more meaning to Italians. It is often used as a "bridge" word, like "um" or "so" in English.

## SE HAI 21 ANNI...

The *Basilica Cafaggio Chianti Classico* is a *chianti* (a mild red wine made in Tuscany) that you can find for \$10 at Costco! It will also pair well with *cacio e pepe*.



## IL FATTO

Italy is actually a younger country than the United States! Italy, as we know it today, was not united under a single national government until 1861, after a long period of social upheaval known as *Risorgimento*, or "resurgence"



# CACIO E PEPE

*Cacio e pepe* is a delicious and cheesy recipe made with simple ingredients.

You'll need:

2 cups of Pecorino Romano cheese, grated

1 1/2 tablespoons of freshly ground black pepper (or more, up to you!)

One box of spaghetti or bucatini pasta

Salt for the pasta water

1-1/2 cups of pasta water

## PART II

Generously salt a pot of water for the pasta. Once you've cooked the pasta (al dente), save the pasta water. Roast the pepper in a pan for thirty seconds or until fragrant, then add one cup of pasta water and bring it to a simmer



## PART III

Add the pasta to the pan and let sit for thirty seconds. Add a ladle of pasta water to the grated cheese before adding it to the pasta so it becomes paste-like. Turn off the heat and add the cheese paste to the pasta and stir until fully incorporated (be patient!), adding more pasta water when needed



# L'ACQUA ALTA



Fitting of its presence on the Adriatic sea, Venezia has a long history of frequent *acqua alta*, the term that they use to describe the periodic flooding, which literally means "high water."

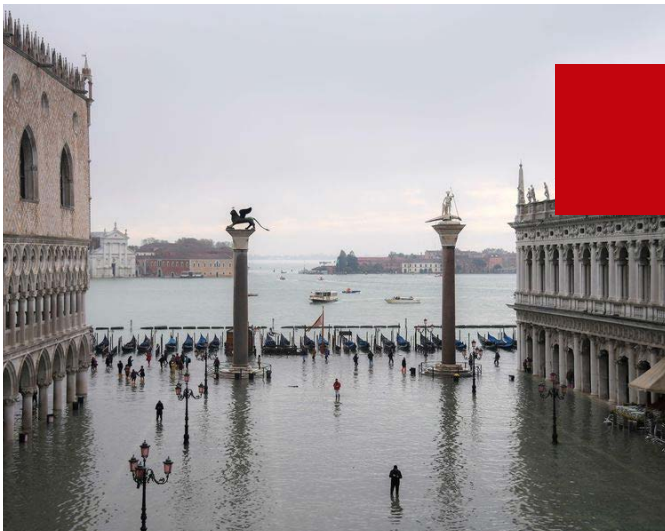
*L'acqua alta* is not a result of aggressive storms, like hurricanes, but in fact are a periodic aspect of Adriatic tides, and occur usually in Spring and Autumn

## 1966

The most infamous of the *acque alte* occurred in 1966, when tidal forces, excess rain, and Mediterranean winds caused the tides to rise 6 and a half feet, leaving thousands homeless and causing millions in damage



## DI RECENTE



In November of 2019, the city again suffered historic *acque alte*. Many city officials devised new ways to protect against future floods which will only be exacerbated by climate change, including a massive, billion euro dam project.